## 8 DAYS LEMOSHO ROUTE



This is the longest and most remote route to Kilimanjaro. After beautiful forests and moorlands it crosses the Shira Plateau to meet up with the Machame Route. The forests around the Lemosho Glades are rich in buffalo, elephant and Other game. The South Circuit is then followed.







## Day 2







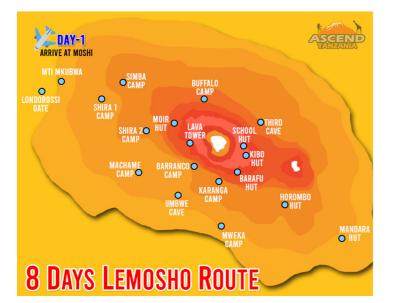


**ELEVATION: 7,742 FT TO 9,498 FT** 

**Qo** DISTANCE: 6 KM

**THE HIKING TIME: 3-4 HOURS** 

A HABITAT: RAIN FOREST



Arrive in Moshi/Arusha (B&B).







MTI MKUBWA TO SHIRA 1 CAMP

**ELEVATION:** 9,498 FT TO 11,500 FT

**Qo** DISTANCE: 8 KM

**\*\*D** HIKING TIME: 5-6 HOURS

**HABITAT: HEALTH** 



Drive to Londorossi Park Gate then on to the Lemosho Glades (2100m, 3h.). Walk along forest trails to Mti Mkubwa (big tree) campsite, (2650m, 3h.)



# Day 4















**ELEVATION: 11,500 FT TO 13,800 FT** 

**Qo DISTANCE: 11 KM** 

**HIKING TIME: 5-7 HOURS** 

HABITAT: HEATH



The trail steepens and crosses several streams in the giant heather zone. The Shira Ridge is crossed (3600m) to the Shira Plateau, camp by stream. (3500m, 5 h.). And this camp today called Shira one.

**MOIR HUT TO LAVA TOWER** 

**ELEVATION: 13,800 FT TO 15,190 FT** 

**Qo DISTANCE: 7 KM** 

ひ **HIKING TIME: 4-5 HOURS** 

**HABITAT: ALPINE DESERT** 



A gentle walk across the plateau leads to Shira Hut camp on moorland meadows by a stream (3840m, 1h30min.). A variety of walks are available on the Plateau making this an excellent acclimatisation day.



## Day 6









**ELEVATION (FT): 13,000FT TO 15,000FT** 

**Po DISTANCE:** 5 KM

thicking time: 4-5 hours

A HABITAT: ALPINE DESERT



A rocky path leads east up towards the Lava Tower (4600m). Shortly beyond this, you descend to Barranco campsite (3950m, 4-5h.).







KARANGA CAMP TO BARAFU CAMP

**ELEVATION (FT): 13,106 FT TO 15,331 FT** 

**Q** DISTANCE: 4 KM

HIKING TIME: 4-5 HOURS

A HABITAT: ALPINE DESERT



Scramble easily to the top of the Great Barranco and then a traverse over screes and ridges to the Karanga Valley campsite (3h, 3937m.), Beneath the icefalls of the Southern Glaciers.



## Day 8













- BARAFU CAMP TO UHURU PEAK
  - **ELEVATION (FT): 15,331 FT TO 19,341 FT**
- **Qo** DISTANCE: 5 KM
- THIKING TIME: 7-8 HOURS
- A HABITAT: ARCTIC
- **UHURU PEAK TO MWEKA CAMP** 
  - **ELEVATION (FT): 19,341 FT TO 10,065 FT**
- **Qo** DISTANCE: 12 KM
- HIKING TIME: 4-6 HOURS
- A HABITAT: RAIN FOREST



The trail ascends a ridge to a campsite by the Barafu Hut, An airy location with little vegetation (3h, 4600m.), MWEKA CAMP TO MWEKA GATE

**ELEVATION (FT): 10,065 FT TO 5,380 FT** 

O DISTANCE: 10 KM

THIKING TIME: 3-4 HOURS

A HABITAT: RAIN FOREST



Start just after midnight for the ascent of the screes leading to Stella Point (6h, 5732m.). From here a further 40mins. leads to Uhuru Peak. Descend to the Barafu Hut for a rest and brunch before continuing down to camp at Mweka Hut at 3100m, (11-13h total walking time).

#### Day 9

A 3-4 hour descent through beautiful forest brings you to the Park Gate. This ends the trekking.

#### **INCLUDE**

- 🗹 All park entry fees
- All camping and hut fees
- Airport transfer (round trip)
- All camping gears
- Rescue fees
- Oxygen cylinder
- Ox miter machine
- Transport to/from the mountain gates
- Guide, chef and porters salaries
- Meals(3 times per day)
- Cook and kitchen utensils
- VAT
- 🗹 Daily briefing
- Boiled/Purified drinking water
- Sleeping pads
- English speaking guide (certified as a Wilderness First
   Responder & Emergency Medicine Adult and CHild CPR)
- Special Language Guide (for \$20 per guide, per day)
- ✓ Free WiFi at the hotel
- ✓ Mobile Communications (for emergency only)
- First Aid & Injury prevention kits
- 2 night hotel stay, before and after the climb at a Budget hotel.
- ✓ 10% discount on gear rental (the discount applies for online shopping only)

  ✓ Personal Summit Certificate stamped and signed by the National Park and
- Personal Summit Certificate stamped and signed by the National Park and your Guide
- ☑ Dinner (local dish) + 2 Beers or Sodas After the climb to celebrate with the team

#### **EXCLUDE**

- International and local flight from to back home
- Tips (Gratuity) to guide and porters
- Personal mountain gear (We offer high quality Gear Rental, see below for more info)





#### CAMPING GEAR











#### **CLOTHES**











### HIKING GEAR













## Lemosho 8 day route



Review of Ascend Tanzania Reviewed 17 February 2019 via mobile



**1**1

Had a great trip with Tino and his team. Every aspect of our trip was well planned and well communicated. Tino is a great guide and his team makes sure your every need is taken care of. I was so surprised how good the food was too - Freddy is an amazing cook! I had planned on losing weight but couldn't do it with the quality of meals we had. Summit day is definitely intimidating but the entire staff prepared you and gave every assurance that we'd make it. I really don't think I could have made it without the support and professionalism of Tino's crew. What a spectacular bucket list event!

Date of experience: February 2019



## Lomosho Route 8 days

Review of Ascend Tanzania

Reviewed 16 November 2018 via mobile



All I can say is George & Hussain and their faithful crew got us to the top when it seemed we were too weak. It takes a good guide to know when to assist and descend if needed, and we felt great comfort in the extreme experience of Gerorge. Choosing the right company and team are important, we witnessed other groups who climbed to fast for their ability and failed. Gerorge and Hussain correctly assessed our capabilities and got us through each day so that we could stop and enjoy the scenery! It's not all about the summit, take time to learn and enjoy every landscape and plant along the way. Ask Ascend







# 9 day Lemosho Crater Route

Review of Ascend Tanzania





Reviewed 15 February 2019 These guys at Ascend Tanzania are the best! A crew of 11 led by Mussa made my old dream these guys at Ascend Talizania are the pest: A crew of the led by imassa made my old dream come true: summit Kili. My friend and I picked the scenic Lemosho 9-day route that includes come true: summit Kili. My friend and I picked by Ascend was exceptional, from fact rooms. come true: Summit Alli. My menu and i pickeu the scenic Lemosito 9-day route trial includes camping at crater camp. The service provided by Ascend was exceptional: from fast response to amplification while booking the four to punctuality friendliness and amazing curport to amplify the complete the service provided by Ascend was exceptional. camping at crater camp. The service provided by Ascend was exceptional: from tast respons to email inquiries while booking the tour, to punctuality, friendliness and amazing support to email inquiries while booking the tour, to punctuality friendliness and amazing support to email inquiries while booking the tour oversions. during the trek. If you want the real experience, I highly recommend booking your Kili tour during the trek. If you want the real experience, ringing recommend booking your kill tool with a local company, and with those guys in particular. Dominique "Geek#2" Lempereur with a local company, and with those guys in particular.

Date of experience: February 2019





### We're Here For You 24/7 Everyday! Let Us Help With Your Kilimanjaro Climb...

Please get in touch if you have questions about climbing Kilimanjaro or just want to find out more about our adventure trips..



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